

Emergency Preparedness Resources Available from the Public Sector



Chair, Bay Area Response Coalition (BARCfirst)
Vice President & Program Director, Business Recovery Managers Association (BRMA)

Educate Your Employees & Neighbors

MONDAY, JANUARY 10, 2011 English En Español

FLU.GOV

Know what to do about the flu.

Font Size Printer-friendly Email Updates Twitter YouTube RSS

Flu Home

- News, PSAs & Outreach
- Where You Live
- Frequent Questions (FAQs)
- For Individuals & Families
 - About the Flu
 - Vaccination
 - Prevention & Treatment
 - Parents (& Expecting)
 - Emotional Health and Flu
 - People with Health Conditions
 - Seniors
 - Caregivers
 - Travelers
- For Professionals
 - Business Planning
 - Community Planning
 - School Planning
 - Transportation Planning
 - Health Professional
 - State & Local Government
 - Federal Government
 - Global Activities
 - Research Activities

Bookmark and share

Flu-free Travel

Get tips on how to travel flu-free >>

From the News Room

Dec 17 HHS and Walgreens Announce New Effort Aimed at Addressing Health Disparities in Flu Vaccination
[Read the Full Article >](#)

Dec 13 H1N1 Vaccine Safe and Induces Robust Immune Response in People with Asthma
[Read the Full Article >](#)

[More News >](#)

MYTHS vs FACTS

Straight talk about the flu & you.

Flu Vaccine Finder

Find flu clinics near you

The new seasonal flu vaccine protects against H1N1. All ages need protection.

Enter Zip Code

The Blog

[Flu Activity Increasing Around the Country](#)
[More Blogs>>](#)

Ask the Flu Experts!

Our experts have answered hundreds of questions this flu season, and those that are still current are now available at the [Flu FAQ Database](#).

Popular Resources

- [Vaccine and Vaccine Development](#)
- [What to Do if You Get Flu-Like Symptoms](#)
- [Caring for a Sick Person in Your Home](#)
- [What Pregnant Women Should Know](#)
- [Community Strategy for Pandemic Influenza Mitigation](#)
- [National Strategy for Pandemic Influenza \(PDF\) 571 KB](#)

Video Library

www.flu.gov

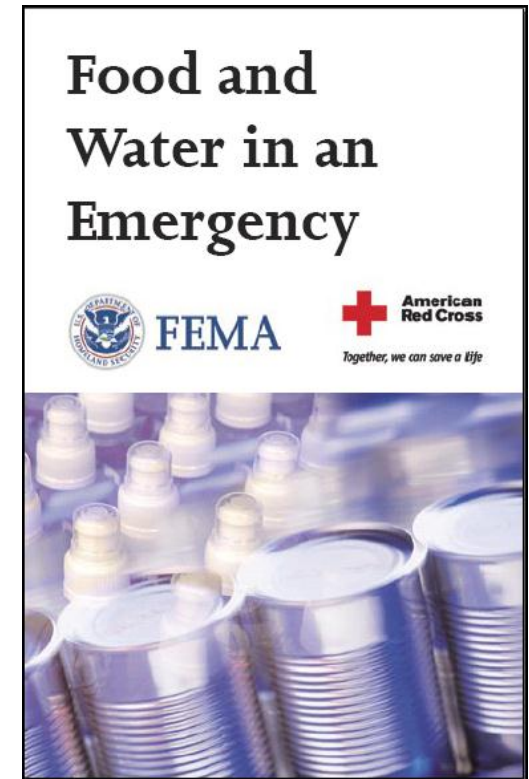
Sample Public Sector Publications



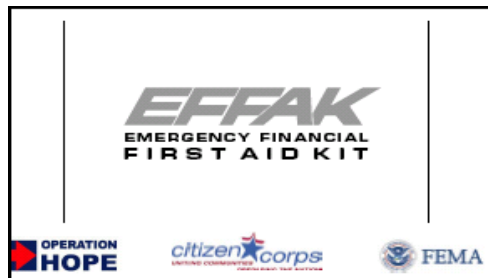
www.fema.gov/pdf/areyouready/areyouready_full.pdf



www.fema.gov/pdf/library/children.pdf



www.fema.gov/pdf/library/f&web.pdf



www.operationhope.org/effak

www.FEMA.gov

[Home](#)[The HOPE Blog](#)[Silver Rights Movement
Digest](#)[About Us](#)[About the Chairman](#)[About our Global
Spokesman](#)[Banking on Our Future](#)[HOPE Banking Center
Network](#)[HOPE Coalition America](#)[HOPE Corps](#)[HOPE Advisors](#)[HOPE Global Initiatives](#)[HOPE Initiatives](#)[HOPE Results](#)[Partners & Supporters](#)[HOPE Events](#)[Media Center](#)[Contact Us](#)**EFFAK****EMERGENCY FINANCIAL FIRST AID KIT**[Print Blank EFFAK](#)[Begin EFFAK](#)[Continue Saved EFFAK](#)[Hints](#)

The forms will result in a PDF document you can save and print. Please [click here](#) to verify your browser's compatibility before continuing. If you cannot view the document by following the link please click on the icon below to download the latest Adobe® Reader®
For help completing the documents, call 888 388 HOPE (4673)

[Para Español, clic aquí](#)

PDPG

Sample Public Sector Publications



www.fema.gov/pdf/library/pfd_all.pdf



Centers for Disease Control and Prevention

Your Online Source for Credible Health Information

SEARCH

A-Z Index [A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#) <#>



[Seat Belts](#)

[Cervical Cancer](#)

[Vaccine Program](#) >>

[Heart Defects](#)

[Winter Weather](#)

Text size: [S](#) [M](#) [L](#) [XL](#)

[Email page](#)

[Print page](#)

[Bookmark and share](#)

[CDC on Facebook](#)

[CDC on Twitter](#)

[Get email updates](#)

[Subscribe to RSS](#)

[Listen to audio/podcast](#)

[CDC en Español](#)

Health & Safety Topics



Diseases & Conditions

ADHD, Birth Defects, Cancer, Diabetes, Fetal Alcohol Syndrome, Flu, Hepatitis, HIV/AIDS, STDs...



Emergency Preparedness & Response

Bioterrorism, Chemical & Radiation Emergencies, Severe Weather...



Environmental Health

Air Pollution, Carbon Monoxide, Lead, Mold, Water Quality, Climate Change...



Life Stages & Populations

Infant & Child, Men, Minorities, Pregnancy, Seniors, Women...



Healthy Living

Food Safety, Bone Health, Physical Activity, Immunizations, Genetics, Smoking Prevention...



Injury, Violence & Safety

Brain Injury, Child Abuse, Falls, Fires, Poisoning, Suicide, Youth Violence...



Travelers' Health

Destinations, Outbreaks, Travel Vaccinations, Yellow Book...



Workplace Safety & Health

Asbestos, Chemical Safety, Construction, Mining, Office Environments, Respirators...



[See Full Issue >>](#)

Vitalsigns

Data & Statistics

Seat belts reduce risk of serious injury or death by 50%

News & Events

[Public Health Matters Blog Haiti Cholera Response: Stories from the Field](#) >>



[Press Release: CDC Study Finds Seat Belt Use Up to 85 Percent Nationally](#) >>

[Free Flu Resources](#) >>

[Press Room](#) >>

[Events](#) >>

[All CDC.gov Features](#) >>

www.CDC.gov

Emergency Preparedness and Response

The CDC Emergency Preparedness and Response website is CDC's primary source of information and resources for preparing for and responding to public health emergencies. This site continues to keep the public informed about public health emergencies and provides the information needed to protect and save lives



[Cholera Outbreak](#)
[Blog](#)
[Winter Weather >>](#)

Text size: [S](#) [M](#) [L](#) [XL](#)


- [Email page](#)
- [Print page](#)
- [Bookmark and share](#)
- [Subscribe to RSS](#)

View page in


- [中文 \(Chinese\)](#)
- [Tagalog \(Filipino\)](#)
- [Français \(French\)](#)
- [Deutsch \(German\)](#)
- [Kreyol \(Haitian Creole\)](#)
- [Italiano \(Italian\)](#)
- [한국어 \(Korean\)](#)
- [Português \(Portuguese\)](#)
- [Русский \(Russian\)](#)
- [Español \(Spanish\)](#)
- [Tiếng Việt \(Vietnamese\)](#)

Emergency Website A-Z: [A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#)


Specific Hazards




Bioterrorism
Anthrax, plague, smallpox...




Mass Casualties
Explosions, blasts, injuries...




Chemical Emergencies
Ricin, chlorine, nerve agents...



Natural Disasters & Severe Weather
Earthquakes, volcanoes...



Radiation Emergencies
Dirty bombs, nuclear blasts...



Recent Outbreaks & Incidents
Salmonella, melamine...

Blog: Public Health Matters



Haiti Cholera Response: Stories from the Field
"Cholera has an interesting personality." That's what I told my friends when they asked why I was going to Haiti to help with CDC's cholera outbreak response. Understandably, they were worried I might get sick...

[More >>](#)

What CDC Is Doing



Preparedness for All Hazards

- Preparation & Planning
- Surveillance
- Training & Education
- Coping With a Disaster
- Clinicians
- Healthcare Facilities
- Labs
- Research

Get email updates

To receive email updates about this page, enter your email address:

[What's this?](#)

Contact Us

<http://emergency.cdc.gov/>

Emergency Preparedness and Response

Emergency Preparedness & Response

Specific Hazards

Preparedness for All Hazards

Lab Info

► Preparation & Planning

Surveillance

Training & Education

Clinician Resources

Coping With a Disaster

Risk Communicator

Communicating in the First Hours

SNAPS

What CDC Is Doing

What You Can Do

Blog: Public Health Matters

What's New

[EPR](#) > [Preparedness for All Hazards](#)

Preparation & Planning

NOTE: the preparedness resources on this website are too numerous to list on one page. For more resources on specific topics, see the list of [specific types of emergencies](#) below.

Preparedness for Specific Types of Emergencies

- [Bioterrorism Emergencies](#)
[Anthrax, smallpox...more](#)
- [Chemical Emergencies](#)
- [Mass Casualties](#)
- [Natural Disasters](#)
- [Radiation Emergencies](#)
- See [Agents, Diseases, & Other Threats](#) for a full list of health hazards covered on this website

Personal Preparedness

- [Emergency Preparedness & You](#)
Centers for Disease Control and Prevention (CDC) and the American Red Cross have teamed up to answer common questions and provide step by step guidance you can take now to protect you and your loved ones.
- [Chemical Emergencies: Facts About Sheltering in Place](#)
How to find temporary shelter in a chemical emergency
- [Chemical Emergencies: Facts About Evacuation](#)
Knowing when & how to evacuate an area in a chemical emergency
- [Chemical Emergencies: Facts About Personal Cleaning & Disposal of Contaminated Clothing](#)
What to do if you come in physical contact with dangerous chemicals
- [Radiation Emergencies: Sheltering in Place](#)
How to find temporary shelter in a radiation emergency


Preparedness for Businesses

- [Emergency Preparedness for Business](#)


On This Page

- [Specific Types of Emergencies](#)
- [Personal Preparedness](#)
- [Businesses](#)
- [Healthcare Facilities](#)
- [State & Local](#)
- [National](#)
- [Legal](#)
- [Contacts](#)

Text size: [S](#) [M](#) [L](#)

 [Email page](#)


 [Print page](#)

 [Bookmark and share](#)

 [Subscribe to RSS](#)

View page in

[Español \(Spanish\)](#)


 [Get email updates](#)


To receive email updates about this page, enter your email address:

[What's this?](#)

[Subscribe](#)

Contact Us:

 Centers for Disease Control and Prevention
1600 Clifton Rd
Atlanta, GA 30333

 800-CDC-INFO
(800-232-4636)
TTY: (888) 232-6141
24 Hours/Every Day

 cdcinfo@cdc.gov

[REPORT AN EMERGENCY](#)



Emergency Preparedness and You

The possibility of public health emergencies arising in the United States concerns many people in the wake of recent hurricanes, tsunamis, acts of terrorism, and the threat of pandemic influenza. Though some people feel it is impossible to be prepared for unexpected events, the truth is that taking preparedness actions helps people deal with disasters of all sorts much more effectively when they do occur.

To help, Centers for Disease Control and Prevention (CDC) and the American Red Cross have teamed up to answer common questions and provide step by step guidance you can take now to protect you and your loved ones.



Get a Kit



Gather Emergency Supplies

By taking time now to prepare emergency water supplies, food supplies and disaster supplies kit, you can provide for your entire family.



Make a Plan



Develop a Family Disaster Plan

Families can cope with disaster by preparing in advance and working together as a team.



Be Informed



Learn How to Shelter in Place

Centers for Disease Control and Prevention (CDC) and the American Red Cross have teamed up to answer common questions and provide step by step guidance you can take now.

[Email page](#)

[Print page](#)

[Bookmark and share](#)

[Subscribe to RSS](#)

[Get email updates](#)

To receive email updates about this page, enter your email address:

[What's this?](#)

Contact Us:

Centers for Disease Control and Prevention
1600 Clifton Rd
Atlanta, GA 30333

800-CDC-INFO
(800-232-4636)
TTY: (888) 232-6348
24 Hours/Every Day

cdcinfo@cdc.gov

[REPORT AN EMERGENCY](#)

[Tell us what you think about this page!](#)



Emergency Preparedness and Response

Emergency Preparedness & Response

[Specific Hazards](#)[Preparedness for All Hazards](#)[What CDC Is Doing](#)[What You Can Do](#)[▶ Gather Emergency Supplies](#)[Develop a Family Disaster Plan](#)[Learn How to Shelter in Place](#)[Understand Quarantine & Isolation](#)[Maintain a Healthy State of Mind](#)[Blog: Public Health Matters](#)[What's New](#)[EPR](#) > [What You Can Do](#)

1. GET A KIT



Gather Emergency Supplies

If disaster strikes your community, you might not have access to food, water, or electricity for some time. By taking time now to prepare emergency [water supplies](#), [food supplies](#) and [disaster supplies kit](#), you can provide for your entire family.

Even though it is unlikely that an emergency would cut off your food supplies for two weeks, consider maintaining a supply that will last that long.

You may not need to go out and buy foods to prepare an emergency food supply. You can use the canned goods, dry mixes, and other staples on your cupboard shelves.

Having an ample supply of clean water is a top priority in an emergency. A normally active person needs to drink at least 2 quarts (a half gallon) of water each day. You will also need water for food preparation and hygiene. Store at least an additional half-gallon per person, per day for this.

Store at least a 3-day supply and consider storing a two-week supply of water for each member of your family. If you are unable to store this much, store as much as you can. You can reduce the amount of water your body needs by reducing activity and staying cool.


And don't forget to take your pets and service animals into account!


[Next](#)Text size: [S](#) [M](#) [L](#)[Email page](#)[Print page](#)[Bookmark and share](#)[Subscribe to RSS](#)[Get email updates](#)

To receive email updates about this page, enter your email address:

[What's this?](#)[Subscribe](#)

Contact Us:

 Centers for Disease Control and Prevention
1600 Clifton Rd
Atlanta, GA 30333

 800-CDC-INFO
(800-232-4636)
TTY: (888) 232-6242
24 Hours/Every Day

 cdcinfo@cdc.gov

Specific Hazards
Preparedness for All Hazards
What CDC Is Doing
What You Can Do
Gather Emergency Supplies
► Develop a Family Disaster Plan
Learn How to Shelter in Place
Understand Quarantine & Isolation
Maintain a Healthy State of Mind
Blog: Public Health Matters
What's New

2. MAKE A PLAN



Develop a Family Disaster Plan

Families can cope with disaster by preparing in advance and working together as a team. Create a family disaster plan including a communication plan, disaster supplies kit, and an evacuation plan. Knowing what to do is your best protection *and* your responsibility.

- Find out what could happen to you
- Make a disaster plan
- Complete the checklist
- Practice your plan

Find out what could happen to you

Contact your American Red Cross chapter or local emergency management office — be prepared to take notes:

- Ask what types of disasters are most likely to happen. Request information on how to prepare for each.
- Learn about your community's warning signals: what they sound like and what you should do when you hear them.
- Ask about animal care after disaster. Animals other than service animals may not be allowed inside emergency shelters.
- Find out how to help elderly or disabled persons, if needed.
- Next, find out about the disaster plans at your workplace, your children's school or daycare center, and other places where your family spends time.

Create a disaster plan



Meet with your family and discuss why you need to prepare for disaster. Explain the dangers of fire, severe weather, and earthquakes to children. Plan to share responsibilities and work together as a team.

[Email page](#)

[Print page](#)

[Bookmark and share](#)

[Subscribe to RSS](#)

[Get email updates](#)

To receive email updates about this page, enter your email address:

[What's this?](#)

Contact Us:

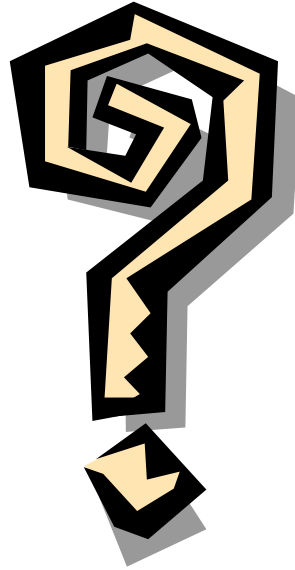
Centers for Disease Control and Prevention
1600 Clifton Rd
Atlanta, GA 30333

800-CDC-INFO
(800-232-4636)
TTY: (888) 232-6348
24 Hours/Every Day

cdcinfo@cdc.gov

[REPORT AN EMERGENCY](#)

[Tell us what you think about this page!](#)



Questions?



BarryCardoza@BarryCardoza.com